

DO YOU NEED CLINICAL ADVICE NAVIGATING AND REFERRING CHILDREN, YOUNG PEOPLE AND FAMILIES TO THE RANGE OF EMOTIONAL HEALTH AND WELLBEING SERVICES AVAILABLE?

Then our Emotional Health and Wellbeing Practitioners Team can help

- We are a team of 9 clinicians all with experience of working with children and young people.
- Our primary aim is to support professionals (education, health, and social care) access the right **evidence-based** service for children and young people at the earliest opportunity, ensuring personalised support and the best outcomes.
- Our service will launch on 15 January 2018. Our role is to signpost, advise and support referrals to the wider emotional health and wellbeing services available for children, young people and families; from online self-management resources to specialist child and adolescent mental health services. We work closely with the Early Help Hubs and the CAMH Single Point of Access (SPA).
- All emotional health and wellbeing services across Cambridgeshire and Peterborough have adopted the national THRIVE framework to set out how our services respond to needs on a continuum from early signs of emotional distress to severe mental health challenges. The individual's needs and how they and their family would like to receive support will influence which services and treatment are delivered from one or more of the five THRIVE needs-based groupings.
- We are an integral part of the wider Cambridgeshire and Peterborough emotional health and wellbeing services for children and young people which will ensure the signposting and advice we provide will support the delivery of integrated, child-centred services.
- We can also help you assess the needs of children, young people and families and deliver training to support professionals develop their skills, knowledge and understanding of emotional health and wellbeing issues to more effectively and confidently deliver support

From 15 January 2018, you can contact us via one email address: ccs.ehw@nhs.net



Meet the Emotional Health and Wellbeing Practitioners Team

- Practitioners (left to right): Stephanie Guy (Wisbech), Fae Barnsdale (Peterborough), Sharyn Bains (Huntingdon), Sarah Stacey (East Cambs), Samantha Betts (Cambridge City & South Cambs), Gina Hart (Peterborough), Lois Miller (Assistant Psychologist), Louise Marks (Huntingdon)
- Dr Sara Katsukunya, Emotional Health and Wellbeing Service – Clinical Lead (second right)
- John Peberdy, Service Director – Children & Young People's Services, Cambridgeshire Community Services NHS Trust (far right)

December 2017